

In today's busy world, many people just don't have time to cook the way they'd like to. Now it's easier to enjoy home-cooked flavor. We combine our famous Gourmet Herbs and Spices with other top-quality ingredients to create exclusive blends not found in stores.

These multi-purpose seasonings are artfully blended to complement basic food items used frequently by most people, and allow you to save time by measuring one ingredient instead of several. With Watkins, you don't have to sacrifice quality for convenience.

- **Premium herbs and spices**—thoroughly inspected and tested.
- **Expertly blended** for consistently perfect results.
- **Save time** by measuring one seasoning instead of several.
- **Packaged in our unique glass bottle** for optimum beauty and flavor retention.
- **Convenient shaker tops**, where appropriate.

### Product Listing

#### All-Purpose Seasoning

**Article No. 1960** (39 g/1.4 oz.)

Replace the salt in your salt shaker with this exclusive blend of herbs and spices; no salt substitutes. Use in cooking or at the table. Sprinkle to taste on all types of meats, poultry, salads and vegetables. 1/4 tsp/1.2 mL contains 0 mg sodium and 6 mg potassium.

#### Chicken Seasoning

**Article No. 1963** (40 g/1.4 oz.)

This classic blend of eleven herbs and spices is perfectly balanced to complement chicken prepared any way you like. An excellent shake-on the table, too!

**Pan-fried chicken:** sprinkle 2 tsp/5 mL per pound/450 g over chicken before flouring and browning.

**Grilled chicken:** sprinkle 2 tsp/5 mL per pound/450 g over pieces and grill. Add to melted butter in basting sauce.

**Oven-fried chicken:** 1 tsp/5 mL per 1/2 cup/125 mL corn flake crumbs. Dip chicken in milk, roll in crumbs and bake.



#### Grill Seasoning

**Article No. 1972** (65 g/2.3 oz.)

A blend of salt and spices gives an outdoor flavor to indoor foods. Shake onto all kinds of meats—chicken, ribs, steaks, chops, meatballs, and burgers.

#### Ground Beef Seasoning

**Article No. 1973** (49 g/1.7 oz.)

A complex blend of exotic spices for one of the simplest foods. Specially blended to bring out and enhance the true flavor of ground beef. Season lean ground beef or turkey at the rate of 1 tsp/5 mL per pound/450 g. Use in any beef dishes, soups, stews, gravies.

#### Lemon & Pepper Seasoning

**Article No. 1991** (62 g/2.2 oz.)

Our original lemon/pepper blend with just a touch of salt and sugar to enhance the flavors. Superb on fish, vegetables, chicken, grilled steaks and in tomato juice cocktail.

(continued)

### Omelet & Soufflé Seasoning

**Article No. 1977** (30 g/1.1 oz.)

This classic French-style blend is perfect for all egg and cheese dishes, as well as in potatoes, rice and legumes.

#### *Classic Omelet*

3 eggs  
3 tbsp/45 mL milk  
Dash **Watkins Black Pepper**  
3 tsp/45 mL or more **Watkins Omelet and Soufflé Seasoning**  
2 tsp/10 mL butter

Combine all ingredients except butter and beat lightly with fork. Do not overbeat. Preheat omelet pan over medium-low heat for 5 minutes. Melt butter in pan. Add egg mixture to pan. When eggs begin to set up, lift omelets to allow uncooked portion to flow underneath. Continue cooking until all of egg has set. Cover and allow to stand for 1 minute. Top with favorite ingredients and invert onto heated platter.

### Poultry Seasoning

**Article No. 1981** (18 g/.6 oz.)

This traditional blend of sage, rosemary, savory and other delicious herbs is the perfect seasoning for poultry, as well as pork and fish stuffings. With the addition of Watkins Cajun Pepper, it makes a fantastic spicy sausage seasoning.

#### *Breakfast Pork Sausage*

1 pound/450 g fresh ground pork  
1 to 1-1/2 tsp/5 to 7.5 mL **Watkins Poultry Seasoning**, to taste  
1/2 to 3/4 tsp/2.5 to 4 mL **Watkins Cajun Pepper**, to taste  
3/4 tsp/4 mL salt

Combine all ingredients and refrigerate for 2 to 3 hours to blend flavors. Remove from refrigerator and shape into patties or links. Pan-fry over medium heat until done. (Also see Pantry page 32)

### Soup & Vegetable Seasoning

**Article No. 1985** (36 g/1.3 oz.)

Add a gourmet touch to all soups and vegetable dishes with this unique blend of eight spices and aromatic vegetables.

#### *Chicken Noodle Soup*

1 (2-1/2 pound/1.25 kg) frying chicken, cut into pieces, skinned if desired  
3 quarts/liters water  
1/2 cup/125 mL **Watkins Chicken Soup Base**  
1 tbsp/15 mL **Watkins Soup & Vegetable Seasoning**  
1/2 tsp/2.5 mL **Watkins Black Pepper**  
2 cups/500 mL sliced carrots  
2 cups/500 mL sliced celery  
1/4 cup/60 mL chopped onion  
Homemade egg noodles or 1 package purchased

Combine all ingredients except noodles in large soup kettle. Bring to a boil; reduce heat and simmer 20 to 30 minutes or until chicken is tender. Remove chicken from kettle with slotted spoon and let cool. Remove skin and bones from chicken and cut meat into bite-size pieces. (If desired, fat can be skimmed off the top of soup at this time.) Return chicken to pot and bring to a boil. Add pasta and cook 5 to 10 minutes or until pasta is tender, stirring occasionally.