

Pasta Toppers

Article No. 1124 Alfredo (135 g/4.7 oz.)

Article No. 1125 Pesto (120 g/4.2 oz.)

Article No. 1126 Romano (140 g/4.9 oz.)

Never before has pasta been so popular! Thanks to the Food Pyramid, what was once considered fattening food is now a staple for those concerned with healthy eating. People now realize that it is not the pasta that makes us gain weight, but rather the fat-laden sauces we top it with.

Now you can enjoy the flavors of some of the world's classic pasta sauces—without all the fat! These convenient shake-on seasonings will turn a plate of pasta into an exciting side dish...but that's not all! Our Pasta Toppers are fantastic for rice and noodle dishes, potatoes and popcorn. Turn ordinary snacks into flavorful, low-fat treats with just a few shakes!

- **Low in fat:** Only 1 gram per tablespoon.
- **Three popular flavors:** Alfredo, Pesto and Romano—exciting alternatives to plain cheese!
- **Convenient:** Just shake on! May be tossed with a whole batch of pasta, or added to individual plates for a variety of flavors.
- **Versatile:** Use on pasta and other noodles, rice, vegetables, potatoes, popcorn and other foods.



Fettuccine Alfredo Mexicano

1 lb/450 g cooked fettuccine

1/4 cup/60 mL Watkins Original Grapeseed Oil

A few dashes of Watkins Jalapeño Hot Pepper Sauce

Watkins Alfredo Pasta Topper

1/2 tsp/2.5 mL Watkins Cilantro

1/4 tsp/1.2 mL Watkins Black Pepper

Place cooked pasta in large serving bowl. Dash hot sauce into grapeseed oil, stirring to combine. Toss with pasta. Sprinkle generously with Pasta Topper and toss to coat. Add cilantro, black pepper and hot pepper sauce and toss again.